\[ C_l = \sum_{n=1}^{12} \left[ \sum_{i=1}^{j \text{ or } k} \left( (F_{lf})_{i,n} \ast (CC_{lf})_{i,n} - (P_{lp})_{i,n} \ast (CC_{lp})_{i,n} \right) \right] \] (Eq. X-2)